

### Health Care Options

The following table summarizes your health plan options. The calendar year deductible applies unless otherwise noted.

Plan Feature	Premera Plan A – Heritage		Premera Plan B – Heritage Prime		Kaiser Permanente HMO Plan
	Network Provider ( <b>Includes</b> access to Swedish, Providence, CHI Franciscan, VM, Everett Clinic and more)	Non-Network Provider	Network Provider ( <b>Excludes</b> Swedish, Providence, CHI Franciscan, includes VM and Everett Clinic)	Non-Network Provider	Core Network (Kaiser Permanente)
<b>Calendar year deductible</b> -Per person -Per family	(deductible waived for office visits) \$450 \$1,350	\$650 \$1,950	(deductible waived for office visits) \$450 \$1,350	\$650 \$1,950	None None
<b>Calendar year out-of-pocket maximum</b> -Per person -Per family	(including deductible, copays with some exceptions) \$1,750 \$5,250	(including deductible, copays with some exceptions) \$4,000 \$12,000	(including deductible, copays with some exceptions) \$1,750 \$5,250	(including deductible, copays with some exceptions) \$4,000 \$12,000	(including copays) \$1,500 \$3,000
<b>Lifetime maximum</b>	Unlimited		Unlimited		Unlimited
<b>Preventive care</b> (e.g., well-child/well-adult office visits, immunizations)	Covered in full	Not covered	Covered in full	Not covered	Covered in full
<b>Office visits</b>	100% after \$25 copay per visit	70% of allowable charge	100% after \$25 copay per visit	70% of allowable charge	100% after \$25 copay per visit
<b>Outpatient services</b> (e.g., outpatient surgery and therapies)	90% of allowable charge	70% of allowable charge	90% of allowable charge	70% of allowable charge	100% after \$25 copay per visit
<b>Lab test and x-ray services</b>	90% of allowable charge	70% of allowable charge	90% of allowable charge	70% of allowable charge	100%
<b>Hospital care</b>	90% of allowable charge	70% of allowable charge	90% of allowable charge	70% of allowable charge	100%
<b>Emergency care</b>	90% after \$150 copay per emergency visit, copay waived if admitted		90% after \$150 copay per emergency visit, copay waived if admitted		100% after \$150 copay per emergency visit, copay waived if admitted

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<b>Prescription drugs</b> (some prescriptions may require preauthorization)	Preferred Generic/Preferred Brand/Preferred Specialty/Non-Preferred all drugs: \$10/\$30/\$50/30% per prescription Retail: 1 copay per 30-day supply Mail Order: 2x copay 90-day supply (No Specialty Mail Order) Non-participating pharmacy: Plan pays 60% after the applicable cost share		Preferred Generic/Preferred Brand/Preferred Specialty/Non-Preferred all drugs: \$10/\$30/\$50/30% per prescription Retail: 1 copay per 30-day supply Mail Order: 2x copay 90-day supply (No Specialty Mail Order) Non-participating pharmacy: Plan pays 60% after the applicable cost share		Preferred Generic/Preferred Brand/Non-Preferred copays: \$10/\$30/\$50 per prescription Retail: 1 copay per 90-day supply (specialty drugs 30-day supply) Mail Order: 2x copay per 90-day supply
<b>Mental health services</b> -Inpatient -Outpatient	90% of allowable charge Subject to office visit copay	70% of allowable charge	90% of allowable charge Subject to office visit copay	70% of allowable charge	100% Subject to office visit copay
<b>Vision coverage</b> -Exam - 1 per year  -Hardware (eyeglasses or contacts) - 1 per year	100% after \$25 copay  Hardware up to \$150 Members under 19 Hardware covered at 100%	70% of allowable charge after deductible Members under 19 Exam paid at 100% after \$25 copay Hardware allowance shared with in-network	100% after \$25 copay  Hardware up to \$150 Members under 19 Hardware covered at 100%	70% of allowable charge after deductible Members under 19 Exam paid at 100% after \$25 copay Hardware allowance shared with in-network	100% after \$25 copay  Hardware up to \$150 Members under 19 Frames and lenses paid at 100% or 50% for contacts
<b>Alternative Medicine</b> (combined 60 visits per calendar year - acupuncture, chiropractic and massage visits)	100% after \$25 copay	70% of allowable charge	100% after \$25 copay	70% of allowable charge	100% after \$25 copay
<b>Cancer treatment at SCCA</b>	Deductible, copay and coinsurance waived for cancer screening and treatment services	N/A – SCCA is In-Network	Deductible, copay and coinsurance waived for cancer screening and treatment services	N/A – SCCA is In-Network	\$25 copay for services <b>after</b> active cancer diagnosis by Kaiser, Preauthorization needed for some services (see booklet)