

### Health Care Options

The following table summarizes your health plan options. The calendar year deductible applies unless otherwise noted.

**Note on Premera:** The benefits covered by Premera Plan A and Plan B are identical; the only difference between the two Premera plans is the provider network. Plan A uses the [Heritage Network](#), which offers the widest choice of providers between the two plans and includes access to UW, Swedish, CHI Franciscan, Providence, Virginia Mason, Everett Clinic and more. Plan B uses the [Prime Network](#), which includes access to UW, Virginia Mason and Everett Clinic but excludes access to Swedish, CHI Franciscan, and Providence.

|  | Premera PPO Plans (Plan A & Plan B)                                       |  | Kaiser Permanente HMO Plan*  |
|--|---|--|--|
|  | In-Network Providers  | Non-Network Providers  | Core Network (Kaiser Permanente)                                     |
| <b>Calendar year deductible</b><br>-Per person<br>-Per family                        | (deductible waived for office visits)<br>\$450<br>\$1,350                 | \$650<br>\$1,950   | None<br>None   |
| <b>Calendar year out-of-pocket maximum</b><br>-Per person<br>-Per family             | (including deductible, copays with some exceptions)<br>\$1,750<br>\$5,250 | (including deductible, copays with some exceptions)<br>\$4,000<br>\$12,000 | (including copays)<br>\$1,500<br>\$3,000                             |
| <b>Lifetime maximum</b>  | Unlimited   | Unlimited  | Unlimited  |
| <b>Preventive care</b><br>(e.g., well-child/well-adult office visits, immunizations) | Covered in full   | Not covered  | Covered in full  |
| <b>Office visits</b>   | 100% after \$25 copay per visit   | 70% of allowable charge  | 100% after \$25 copay per visit                                      |
| <b>Outpatient services</b><br>(e.g., outpatient surgery and therapies)               | 90% of allowable charge   | 70% of allowable charge  | 100% after \$25 copay per visit                                      |
| <b>Lab test and x-ray services</b>   | 90% of allowable charge   | 70% of allowable charge  | 100%   |
| <b>Hospital care</b>   | 90% of allowable charge   | 70% of allowable charge  | 100%   |
| <b>Emergency care</b>  | 90% after \$150 copay per emergency visit, copay waived if admitted       | 90% after \$150 copay per emergency visit, copay waived if admitted        | 100% after \$150 copay per emergency visit, copay waived if admitted |

|   | Premera PPO Plans (Plan A & Plan B)   |   | Kaiser Permanente HMO Plan*  |
|---|---|---|--|
|   | In- Network Provider  | Non-Network Provider  | Core Network (Kaiser Permanente)   |
| <b>Prescription drugs</b><br>(some prescriptions may require preauthorization)                                    | Preferred Generic: \$10 copay<br>Preferred Brand: \$30 copay<br>Preferred Specialty: \$50 copay<br>Non-Preferred: plan pays 70%<br><br>Retail: 1 copay per 30-day supply<br>Mail Order: 2x copay 90-day supply<br>(No Specialty Mail Order) | Non-participating retail pharmacy:<br>Plan pays 60% after the applicable in-network member cost share<br><br>Non-participating mail-order pharmacy: not covered | Preferred Generic: \$10 copay<br>Preferred Brand: \$30 copay<br>Non-Preferred: \$50 copay<br><br>Retail: 1 copay per 30-day supply<br>Mail Order: 2x copay per 90-day supply |
| <b>Mental health services</b><br>-Inpatient<br>-Outpatient  | 90% of allowable charge<br>Subject to office visit copay  | 70% of allowable charge   | 100%<br>Subject to office visit copay  |
| <b>Vision coverage</b><br>-Exam - 1 per year<br><br>-Hardware (eyeglasses or contacts) - 1 per year               | 100% after \$25 copay<br><br>Hardware up to \$200<br>Members under 19<br>Hardware covered at 100%   | 70% of allowable charge after deductible<br>Members under 19<br>Exam paid at 100% after \$25 copay<br>Hardware allowance shared with in-network                 | 100% after \$25 copay<br><br>Hardware up to \$200<br>Members under 19<br>Frames and lenses paid at 100% or 50% for contacts  |
| <b>Alternative Medicine</b> (combined 60 visits per calendar year - acupuncture, chiropractic and massage visits) | 100% after \$25 copay   | 70% of allowable charge   | 100% after \$25 copay  |
| <b>Cancer treatment at Fred Hutch</b>   | Deductible, copay and coinsurance waived for cancer screening and treatment services  | N/A – Fred Hutch is In-Network  | \$25 copay for services <b>after</b> active cancer diagnosis by Kaiser, Preauthorization needed for some services (see booklet)  |

\***Out-of-State Employees:** Kaiser Permanente Core HMO health plan is not offered in all states and when offered outside of WA, certain services and benefits are not available. Prior to enrolling in the Core HMO health plan, please contact the Benefits team at [benefitsteam@fredhutch.org](mailto:benefitsteam@fredhutch.org).